



COVID OPERATIONAL GUIDE 2021

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COMMITMENT TO SAFETY

This has been a year like no other, and we can confidently say we have left no stone unturned as we have prepared to run a safe and meaningful summer. Please make sure to read through this entire Tamarack COVID Plan, so you can understand everything that will go into ensuring everyone at camp is healthy and safe. This plan was put together under the guidance of the Ontario Camps Association (“OCA”) task force, Camp medical team and Public Health.

Please note that some of the information in this Plan is subject to change based on Provincial and Local (Simcoe Muskoka) Public Health. There are still some sections specifically that have not clearly been finalized by Public Health Guidance, including testing, case management and contact tracing. As we get more information, we will, of course, communicate with you right away .

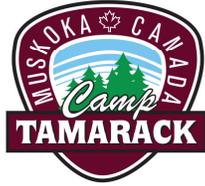
Any dates below refer to an Opening Day of Friday July 2, 2021. Should that date need to be pushed back, we will communicate how it impacts all other key dates.

BEFORE CAMP EXPECTATIONS AND REQUIREMENTS

The number one goal we must all have prior to the summer is to ensure that all campers and staff must arrive at camp free of COVID-19. This will give us the best and, frankly the only opportunity to maintain a safe and healthy environment for everyone. In accordance with the Ontario Guidelines for the Reopening of Overnight Summer Camps, all campers and staff will be asked to limit their contact with individuals outside their household for 14 days prior to their arrival at camp. As in-person learning will not resume before the end of the school year, this should help with limiting contacts and reduce risk.

For the last 7 days prior to arrival to camp, we are asking campers and staff to maintain a strict isolation. This would begin on Thursday, June 17th for Head Staff, Sunday June 20th for general staff, and Friday June 25th for campers. This means NO interaction whatsoever with anyone outside their household. This includes, and is not limited to, birthday parties, graduation parties, family gatherings, play dates, shopping, etc.). If someone in your household needs to leave the house for an essential reason, we ask that they follow strict public health guidance, including PPE and distancing if possible.

Though it is not mandatory, we strongly encourage all staff and campers 12 years and up to get a COVID-19 vaccine (and, if possible, a second vaccine) before camp begins.



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TESTING AND SCREENING PRIOR TO CAMP

All campers and staff will require negative tests prior to entering camp. We will outline the testing schedule and format. The government will provide one free PCR testing to all Ontario campers and staff through pharmacies. A list of these designated pharmacies will be provided once we have this information.

The expectation is that each camper must have a current PCR test taken within 72 hours of arriving at camp. This timing is important because the lab can take up to 72 hours to get you results and the camper must present a copy of the **NEGATIVE** test result when arriving to camp.

Prior to attending camp, all staff and camp families will fill out an attestation – a Compliance Certification from their Camp Brain account in the two days prior to camp. In this form, families will attest that their camper has not experienced any COVID-19 symptoms or been in close contact with someone with COVID-19 for the 14 days prior to camp's start date, that they have not been directed by Public Health to self-isolate and that they have complied with the pre-camp expectations. Families will also be expected to do daily screening and submit these results to the camp upon request.

TRANSPORTATION TO CAMP

Parent(s)/guardian(s) will be expected to drive your children up to camp in your own personal vehicles. A schedule will be developed closer to the starting date of camp with an expected (i.e. approximate) arrival time to plan for dropping off your children, by unit/age. This will allow for appropriate spacing and the opportunity for a proper warm welcome for each camper.

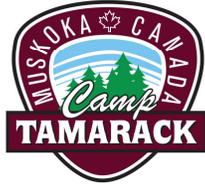
Camper Baggage & Medication drop off will take place at Chesswood Arena (4000 Chesswood Drive) on the following days:

First Session, Acorn 1, Extended First and Full Season Campers

- Tuesday, June 29, 2021, between the hours of 7:30 – 11:30 a.m.
- Medication drop-off will take place at the same time.

Second Session, Acorn 3

- Wednesday, July 28, 2021, between the hours of 8:00-10:00 a.m.
- Medication drop-off will take place at the same time.



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GOING HOME:

Currently, our plan is to return all campers home by bus. Please note, however, that there is still a possibility that parents may be asked to pick up their child(ren) from camp at the conclusion of any of the sessions. This will be based in part or in whole on Public Health guidelines.

STAFF ARRIVAL AND TRAINING

As always, and this year is no different, our staff will go through extensive training prior to camp and during precamp.

Our Head Staff pre-camp training begins on Thursday, June 24th.

Our full Staff pre-camp training begins on Sunday, June 27th.

Our staff will be cohorted throughout the entire precamp.

In addition to our usual training topics to prepare everyone for camp, our training will also cover symptom identification and COVID daily screening practices, proper hygiene, review of camper health related issues and non-pharmaceutical interventions, including masks, physical distancing, being outdoors, etc.

Staff will also be trained on the immense impact the pandemic has had on the mental health of children and youth. This will include providing them with the right tools, including proper non-stigmatizing language when discussing COVID symptoms, plus dealing with anxiety, stress, homesickness, etc.

CAMPER ARRIVAL AT CAMP

On Friday July 2, we look forward to welcoming our campers up at camp. As mentioned above, this year we will be asking that parents drive their child(ren) up to camp. We will communicate in the coming weeks designated drop off windows during which you must arrive at camp. All our staff will be on hand during arrival to help your child feel comfortable, happy, and excited to be at camp!

Families will be assigned an "Arrival Window" of time to be at camp to check in. We will start with Hawthorn (i.e. 7 to 10 year old) campers.

All campers from one family (regardless if there are older children in other units) can arrive at the same time and exit the car and join camp at the same time. Please understand that the older campers may be hanging with their counsellors for some time without their peers because older campers will be scheduled to arrive later in the day.



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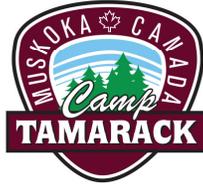
If you have seasonal allergies – REMEMBER to start taking your seasonal allergy meds a few weeks prior to camp so when you arrive and possibly exhibit symptoms of seasonal allergies, they may hopefully be reduced and eliminate any confusion that could lead to a COVID diagnosis

Day 1 of Camp – Arrival at Camp Tamarack – Stoneleigh Road

- Screening should be completed by all car passengers before your journey even begins. Only those household members that have passed the screening questionnaire may ride with the camper.
- Drive toward “your home away from home!”. Please aim to be on time for your "arrival window". Don't worry if you are late, but please don't come early! Try to go to the bathroom before leaving and avoid stopping along the way.

When you arrive at camp, please follow the steps below:

1. STEP 1: The LINE UP – The camp car lineup outside the camp gate. Your car will be in a line-up and you will be greeted by a Tamarack staff. Follow the lead of Tamarack staff. MASKS ON, STAY IN YOUR CAR, FOLLOW THE STAFF AND PLEASE BE PATIENT!
2. STEP 2: SCREENING -Show Tamarack staff the screening results from the APP and each camper's 72-hour Lab-PCR result. Only if your documents show a pass to the screening test and a negative PCR test, Staff will guide you further down the camp road. Your car will be given a coloured paper with a number that will be associated with the camper in the car. If there are 2 campers, you will get 2 papers with 2 different numbers. Your car will be directed to a different spot (i.e. the baseball diamond) where the Rapid Antigen Test will take place for each camper.
3. STEP 3: RAPID ANTIGEN TEST - While remaining in the car, a health team member will conduct each camper's Rapid Antigen test which will involve collecting a non-invasive sample from the lower part of the nose/nosril. The car will then be directed to a different “waiting spot”. Once results are in, the family will be told.
4. STEP 4: CAMP OFFICIALLY BEGINS - Campers who have been cleared, will exit the car, take their belongings and start their long awaited adventure!
5. STEP 5: HOME Consider all the positives of this next journey we have taken leading us to camp! We will send pictures and an email with an update on Day 1.
6. What will bussing look like for returning home?
We have both coach and yellow school buses on standby. Cabin groups will be in the same bus returning home. More than one cabin group will be in a bus. To avoid large group gatherings in the city, we may have to stagger return arrival times but will make that decision once we know what Toronto looks like at the time campers are returning home.



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THE CAMP TAMARACK CONTROLLED ENVIRONMENT

This summer, we will operate a closed site (with limited necessary exceptions that have independent protocols in place) to keep everyone safe which will include the following protocols:

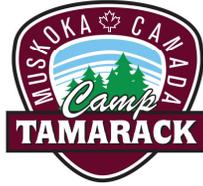
- Staff will arrive early to quarantine and will not leave our site for their days off.
- All essential deliveries (food/supplies, etc..) will be contactless as drivers will remain in their vehicles. If the driver needs to exit their vehicle, they will be masked and distanced.
- There will be no Visitors' Day in 2021. We plan for video conferencing with families towards the end of July over Facetime or Zoom, particularly for campers staying for, or into, the Second Session. We will communicate the details at a later date.
- Parents/guardians will not be permitted to enter the site at any point (other than during drop-off, but staying in their cars).
- Any workers who do not live at camp will be required to pre-screen daily, and once on site, wear masks and maintain social distance while on site and follow additional protocols.
- At this point in time, we will not be offering trips off-site and will instead plan for camp-based special adventures.
- To reduce the risk of transmission, only senior staff who have received one (or more) dose of a COVID-19 vaccine are eligible for essential trips to town (i.e. pharmacy), and must adhere to all expected COVID protocols and public health guidelines.

COHORTING

What is a Cohort?

- A "cohort" is a group of campers, and the staff assigned to them, who have frequent and/or close interactions. For example, those within a shared sleeping cabin and/or those who function similarly to a household.
- A "staff cohort" is a) a group of staff who are outside of a camper cabin cohort and share common routines or accommodations (e.g. kitchen staff, maintenance staff, Leadership Team, Unit Heads) and/or staff who live together
- An "established cohort" is a group of campers and/or staff who have been a cohort for at least 14 days without any new individuals added during the 14 day period.
- An "unestablished cohort" is a group of campers and/or staff who have not been together as a cohort for 14 days.

Everyone at Tamarack will belong to a Tamarack cohort. Creation of cohorts serves to ensure that infection, should it arise, is contained to a small and known group of people. Members of one cohort will



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not be permitted to interact *closely* with members of another cohort. But closeness *within* a cohort will be allowed and even encouraged. Please note that:

- All people sleeping in the same building must belong to the same cohort. e.g. each camper cabin is a cohort.
- In some cases, a cohort will represent multiple staff buildings.
- In some cases, a cohort will represent 2 cabins who share the same building
- Cohorts may behave as a household does in the city: hugs and closeness will be encouraged.
- Cohorts eat together (but will be distanced appropriately from other cohorts).

This summer, cabins will be considered a cohort like a family household/unit. The provincial overnight camp field guide will help dictate how large any given cohort will be.

Within a cohort, campers and staff will not have to wear masks or physically distance when they are with their cohort, regardless of where they are in camp. It remains possible that after a minimum of 14 days, cohorting and other COVID restrictions will ease as the summer progresses. Our unit heads, as well as our senior leadership team will, as always, be there for your children, and if they need to visit a cabin, will wear the appropriate PPE, and follow all distancing and other COVID related protocols. The cohort will move together throughout each camp day. When activity staff are engaged to run activities, campers and staff will all be masked if maintaining a safe distance outdoors is challenging for that particular activity (and will be masked if the activity is indoors).

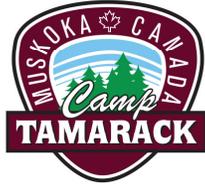
It is important that even within a cohort, campers do not share any personal items (including but not limited to pillows, water bottles, toiletries, etc.). Please label every item prior to camp.

How will beds be assigned?

The camp office will be collecting relevant bed placement requests from families before the start of camp (bunk bed request, top, bottom, bunk partner). The unit head and cabin counsellors will be creating bed plans prior to everyone's arrival on Day 1. Kids will be given their assigned beds when they arrive. If, despite our best efforts, a camper is upset with their placement, we will listen and do our best to adjust. But also, let's all remember, we are all together and a bed is only where you sleep.

What will the Elder experience look like?

Elders will each belong to their Elder cabin cohort. Elders will continue to build their independence, leadership and camp skills. We are aware of and need Elders to develop their skills and interact with the rest of camp in leadership positions. During placement, Elders will need to perform their responsibilities masked, outdoors, and at a distance. We will, of course, support them in achieving this.



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After 14 days, a cohort which has been together for 14 days becomes an established cohort. By day 15, the intention is that all campers and staff who remain at camp will now be a large established cohort and some of the health measures (physical distancing and wearing of masks) may be able to be eased up.

Second Intake – July 29th. Are second month campers joining existing cabins?

At this point, no. Second month campers will start their own cohort and will be identified as a cohort (not an established cohort). They will be following practices similar to those that the camp followed when campers arrived on July 2. Any staff who will now live with this new cohort will “reset” and follow all protocols the new cohort will be following. Any activity staff who will be running an activity for such a group, for example, will also “reset” and follow the protocols of masking, social distancing, etc.

Will the introduction of these campers affect the lifting of restrictions for other campers?

No. It will affect the existence of restrictions for these incoming campers, counsellors assigned to these campers and any activity staff working with these campers only, but not the rest of camp.

BEING OUTDOORS, MASKING AND PHYSICAL DISTANCING (the “2 out of 3” rule)

Even though masking and physical distancing will be part of camp this summer, they will not take away from the connections we all have with each other, and the Tamarack experience we know everyone is looking forward to.

THE 2 OUT OF 3 (but 3 out of 3 is better!) RULE:

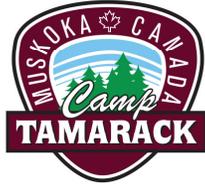
One of the biggest guiding principals this summer will be the “2 out of 3 (but 3 out of 3 is better!) rule”. Everyone must always follow at the minimum 2 out of the following 3:

1. MASKING
2. PHYSICAL DISTANCING
3. BEING OUTDOORS

MASKS

When will masks be worn?

- When any camper or staff needs to be within 6 feet of someone in another cohort
 - This can include at an activity if distancing is not possible
 - This can also include when a camper or staff wants to hang out with a friend/sibling from another cohort outdoors, and are within 6 feet, if allowed by public health
- If indoors and there are other cohorts in the space, regardless of physical distance (other than while eating at meals at the group’s table)



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When do masks not have to be worn?

- As mentioned above, in the cabin or when a cohort is together and not near any other cohort
- When eating (though masks need to be brought to all meals)
- In the water (though masks should always be brought to waterfront activities)

Please refer to the Packing List which outlines how many and types of masks campers will need to bring to camp.

PHYSICAL DISTANCING

All campers and staff must remain 6 or more feet away from someone in another cohort. When that is not possible, a mask must be worn.

BEING OUTDOORS

When possible (and weather permitting), all camp activities will be held outdoors. Activities that used to take place inside buildings (such as music or part of creativity) will have designated outdoor areas. We have set up event tents throughout camp to allow for outdoor programming.

ON-SITE TESTING

Even with all the protocols that will be in place prior to arrival, we are going to go above and beyond to ensure that we have a healthy camp environment once everyone arrives!

There will be a mandatory PCR test each camper and staff will take 3-5 days after arrival at camp. The test is non-invasive (it can be best described as a 'nose picker, not a brain tickler'!). Lifelabs has been contracted out to be on site and their trained professionals will be administering the PCR testing. Results will be received within 24 hours.

DAILY SCREENING

Cabin staff will be trained to conduct daily health screenings for campers and each other, prior to breakfast and bedtime, checking for COVID-19 symptoms. Activity and head staff not living with campers will also be responsible to do a self check each morning.

Our medical team and counsellors will be well aware of each camper's health history, with the intention of being able to distinguish between a typical symptom that a camper regularly experiences (i.e. allergy symptoms), and a possible COVID-19 symptom. Of course we will always err on the side of caution, and allow the medical team to assess any potential concern on a case-by-case basis.



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HEALTH CENTRE 2021

This year, we are thrilled to welcome back Dr. Mark Appleby and Dr. Dan Flanders and welcome to the team Dr. Jaclyn Herman. We have also employed Alivia Medical Inc, Healthcare services, which will provide Tamarack with skilled and experienced nurses. We also welcome 2 student nurses, Ali and Katelyn, to the Health Care team.

To try to ensure a safe medical experience at camp this summer, there are certain changes to our Health Centre, as well as our medical and triage procedures.

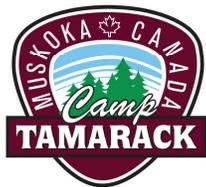
- Tamarack will be placing a screened tent on the hill in front of the Health Centre (by the clock tower) where triage will take place during clinic hours
- All Health Centre staff will have the necessary PPE.
- The breakfast and dinner meds will be given out 15-30 minutes before each meal on the porch of the dining hall. Campers in cohorts will go together to receive their meds.
- Night-time meds will either be given out at the Health Centre – back door entrance by appointment, or a nurse will go directly to the camper and administer the night time meds
- If a camper requires medical care outside of Camp, protocols will be in place to safely transport the camper and ensure they receive the appropriate care with minimized risk.
- We will maintain a separate isolation area for those who show symptoms of COVID-19 at camp (while we await test results and/or lab results if warranted), and the rest of the cohorted cabin unit will be a 'quarantine unit' until the person being tested is confirmed as negative or isotherwise cleared by Public Health to resume normal activities.
- Each unit will have its own clinic hours and campers will be lined up and seen by cabin cohort.
- If there is any need to go into the Health Center, additional protocols may need to be followed.
- While the Health Centre has bunk beds and sometimes campers or staff will need to stay over in the Health Centre. If this is the case (not related to COVID), then additional protocols will need to be followed.

PROGRAM/FACILITY MODIFICATIONS

Finally, the fun stuff! Camp is still camp, and we will do everything we can to ensure each day feels as normal as possible.

Here are just some of the programming and facility-related modifications you can expect this summer:

- Event tents situated throughout camp to allow for more outdoor programming



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- This means activities like creativity, music, dance, drama and more will all be moving outdoors as much as possible.
- Our goal is to have all the incredible programs we know and love at camp, just maybe slightly modified to ensure they are remaining safe! This includes and is of course not limited to, World Games, Carnival (no inflatables), Kool Aid, Talent Show, Super Sundays, etc
- Multiple hand washing stations have been built in high traffic areas
- Hand sanitizer stations will be located in all cabins and activity areas

What will the swim test look like?

- Campers will go to the swim docks with their cabin to take their swim test within the first 2 days of camp. There will be lifeguards on deck and in-water guards. The In-water guards will be wearing a face shield.
- Counsellors and lifeguards will be available to swim with any campers alongside, if needed.
- Counsellors from the same cohort will not need to wear a face shield, but the lifeguards or any other staff not from the same cohort will wear a face shield.

How will instructional swim work?

- Swim classes will be organized by cabin groups. Swim staff, with the help of the counsellors, will focus on providing a fun productive lesson incorporating water safety, fitness, rescue skills and stroke correction.
- After the first 14 days, opportunities for aquatic leadership, e.g. Bronze Medallion or other instructional levels may be available for those campers staying the full summer.

What will any activity period look like?

- Only one cohort will attend an activity at a time.
- We will try to have as many activities outside as possible
- Those activities that take place in a building, e.g. Self Defence – the doors to the building will remain open and masks will be worn for at least the first 14 days of First Session (and for those in Second Session who are in an unestablished cohort)
- Each activity will be following a specific cleaning and sanitizing procedure for all equipment and space before and after each activity period
- There will be no sharing of equipment
- During activity periods at least for the first 14 days of First Session, staff and campers will be masked at the activity when instructions are given or during the activity if wearing a mask will not interfere with the activity or the safety of the participants. For example, campers and staff who are swimming will swim in their cohort and not wear masks.



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Will there be CHOICE?

- In at least the first 14 days of First Session, and for those cabins in Second Session who are unestablished cohorts, campers will not have individual choice because choice would involve mixing campers from different cohorts by interest areas. Cabin choice will be integrated into the schedule and a cohort collectively will have some choice as to what activities the cohort can attend.

What will SUPER SUNDAY look like?

- Super Sunday will still have a sleep in.
- Movies in the dining hall may be delayed until at least after day 14.
- Activities will be open and fun, creative themes will still be there but cabins will be scheduled for participation during the first 2 Super Sundays rather than individual choice/attendance.

What will Evening Program look like?

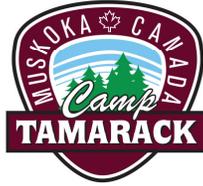
- Evening Programs (EPs) will take on different looks, but still be super fun and creative! EPs will depend on:
 - The number of campers and staff in a cabin, unit and the camp
 - Space/venue where the EP is taking place (i.e. indoors/outdoors)
 - Equipment needed
 - Weather
- So, please know that more details will be given to the campers when they arrive at camp. Social distancing, mask wearing and outdoor location will/may be necessary if more than one cohort is involved in the EP at the same time

MEALS

Meal procedures will look different as well. Firstly, as alluded to above, they will be somewhat quieter. Part of the provincial camp guidelines dictate that no indoor singing or cheering can take place, both of which may be high risk when dealing with an airborne virus. Additionally, no one will be permitted to stand up once they are seated, and this includes the staff, other than the designated servers. We look forward, however, to playing popular music during meals.

Main courses, and seconds, will be brought to the table by staff servers wearing full PPE. Each meal will have a side buffet of other food or drink items related to the meal. For example, breakfast may have individual yogurt cups, hot oatmeal, milk and orange juice. This side buffet will be staffed and only staff will be serving the campers or staff and such serving will be done cohort by cohort.

Procedures on special diets, as well as bathroom needs during meals, will be communicated closer to camp. Campers and staff will have to clean their tables and area fully and thoroughly at the conclusion of each meal.



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Everyone must always remain masked, except when eating of course!

Depending on the size of the camp, meals will take place either:

- All in the dining hall where cohorts will eat together and all different cohort tables will be separated at least 6 feet on all sides. Depending on numbers, there may be 2 different shifts for each meal.
- ½ the camp in the dining hall and ½ the camp outside on Juniper field under a tent where cohorts will eat together and all different cohort tables will be separated by at least 6 feet apart on all sides.

Who will be wiping down the tables?

Servers will be wiping down the tables. After the dining area is emptied, dining hall staff will continue the cleaning and sanitizing of the area

Birthday celebrations

Birthdays as usual are very important to celebrate. The birthday camper or staff who has the special day will get a special dessert and of course spin the Birthday Wheel. We may have to “play” the birthday song, however, instead of singing it as a group.

Water Bottles

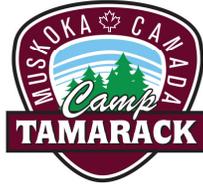
It is important for health and hydration that you send your camper with one or more labelled water bottles. There will be lots of places to fill up your bottle and it would be suggested to use your own bottle at meals.

CLEANING AND DISINFECTION PROTOCOLS

While we have learned over time that deep and strict cleaning protocols do not control the spread of COVID-19, keeping our camp clean will still reduce the overall risk of illness for everyone.

Proper hand hygiene will be clearly outlined for staff and campers at the beginning of camp, and will be reinforced with signage throughout camp. Hand washing and sanitizing will be carefully monitored by staff all summer long.

Cleaning/maintenance staff will be scheduled at times to allow for the greatest amount of social distancing from campers and staff. While a building is being cleaned, campers and staff will not be allowed inside. For maintenance staff who live outside of camp, they will be screened each day upon arrival at camp and only staff who pass screening will be allowed into camp. Cleaning/maintenance staff will be required to wear a mask and other appropriate PPE while cleaning our facilities. Social distancing will be followed if staff and campers are in the vicinity of any cleaning/maintenance staff outdoors.



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BATHROOMS AND SHOWERS

Cohorts will be showering during scheduled times built into their daily calendar. When entering a bath/shower house, all campers and staff must wear masks until they are in their individual shower stalls.

Similarly, a schedule will be created for morning and evening wash up times (brushing teeth, etc.) for cabin cohorts that do not have their own facilities in their cabins. All other times, washrooms can be used by any camper or staff wearing a mask, and maintaining physical distances when inside the washrooms.

CASE MANAGEMENT

Please note that while we continue to wait for final guidance on case management by Public Health, we have outlined below the process for the unlikely event of a positive test. The information below is subject to change as we get closer to camp.

What are the symptoms of COVID?

- Some of the more commonly reported symptoms include:
 - new or worsening cough
 - shortness of breath or difficulty breathing
 - temperature equal to or over 38°C
 - feeling feverish
 - chills
 - fatigue or weakness
 - muscle or body aches
 - new loss of smell or taste
 - headache
 - gastrointestinal symptoms (abdominal pain, diarrhea, vomiting)
 - feeling very unwell

What if I test positive for COVID before camp?

Any camper or staff who tests positive for COVID before the summer will need to complete the required 14 day quarantine and be symptom free for 24 hours before they are able to attend camp.

What do I do if I have a COVID symptom at camp?

Any camper or staff with any of the above symptoms must present immediately to the Health Centre for assessment by the camp medical staff. Here, the camper or staff will be screened and if the doctor believes further testing will be necessary, the camper or staff will be taken to Bracebridge for a PCR test. The camper or staff will return to camp and then remain in self-isolation in a designated cabin at camp and wait for the results. The cohort associated with this camper or staff will remain in its own isolation until test results are in.



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What if a camper or staff tests positive for COVID at camp?

While Tamarack does have the facilities to quarantine positive cases of Covid-19 on site, we don't believe that spending 14 days in quarantine at camp is a positive experience. Therefore, the camper will remain isolated on site until the camper's parents or caregivers are able to pick them up (which must take place within 12 hours). The same goes for staff members that are able to be collected from camp by a parent or caregiver. A designated cabin is in place (not the Health Center) where a camper/staff who tests positive must remain until picked up.

What if a member of my cohort has tested positive for COVID?

The Tamarack cohort will also be tested and if testing is negative, the cohort will return to their cabin. Tamarack will seek further guidance from the Health Team and the local Public Health unit.

What if there is an outbreak?

An outbreak of COVID-19 is declared when there are 2 or more people infected with COVID-19. An outbreak will be defined by the local Medical Officer of Health in consultation with the camp health team and camp directing team. The Local Public Health will direct testing and associated public health management of all those impacted. Public Health will provide direction to help manage the outbreak and any additional control measures that should be implemented, including: defining the outbreak area (i.e. the affected cohorts or the entire camp community), undertaking enhanced cleaning and sanitization practices and excluding symptomatic staff and participants from all camp settings. The outbreak is declared over by the local Medical Officer when there has been over 14 days with no transmission.

Do parents need to be more "on call" this summer?

Yes. Parents need to be ready to receive or pick up their camper(s) in short order (i.e. less than 12 hours). All efforts will be made to avoid this, but the reality is that parents need to be more "at the ready" this summer than others.

Will we be notified if a child in my child's cohort tests positive for Covid?

Yes.

If a child breaks their arm and has to go to the nearest hospital, is camp over for that child?

No! We will take care of them and properly PPE them at every step of the way.

What if I think I have or have had asymptomatic COVID recently? I'm worried I will test positive and be barred from camp!

Book a PCR test now.



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I've had COVID recently. Do I still get tested?

We need to know your “start date”. This date is the date you first had Covid-19 symptoms or If you never had symptoms, the date you tested positive. Once we have that date, we will first make sure that you are not in your first 10 days of illness. If you are, then you must self-isolate at home and follow the directions outlined above. Otherwise, we add 90 days to that date. During that 10 to 90 day period, you will be excluded from any PCR testing, but you will still be part of our rapid antigen testing protocol. Please note, we need full documentation from your doctor, Public Health or other health care provider to support a diagnosis of Covid-19 and the above calculations. Your proof of a positive test is available through the Ontario Government site. You will need to provide your health card and print the results to be shared with our Health Centre. <https://covid19results.ehealthontario.ca:4443/agree>

MENTAL HEALTH RESOURCES

Will there be extra mental health support for campers and staff this summer?

In addition to having a large and experienced Leadership Team (made up of experienced camp directors and educators and helping professionals with an enormous amount of collective experience with camper and staff supervision, well-being and mental health), the group includes Ellen Howard (Camp Director) and Holli Rosenblatt (Wellness Coordinator). We have contracted Emma Fogle (Clinical Social Worker/Therapist) and Dr. Deborah Gilboa, MD (Resilience Expert) to act as on call resources to us all summer long.

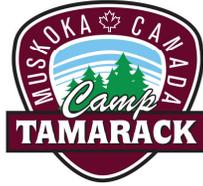
Other Resources Available:

- [Distress Centres of Greater Toronto](#)- A free telephone help-line for people experiencing emotional distress. Volunteers provide listening and referral services. Call: 416-408-4357 or text 45645.
- [Kids Help Phone](#) - Provides professional counselling, information and referrals for mental health, addictions and well-being for children and youth. Call: 1-800-668-6868.
- [Toronto Centre Health Line](#) - Provides links and numbers to a variety of health services including mental health and bereavement.
- [Mental Health Helpline](#) - Provides information about counselling services and support in your community. Provides basic education on mental illness. Call: 1-866-531-2600.

VACCINATIONS

Is there a difference between vaccinated and unvaccinated people with respect to what they do at camp?

No. At least not yet. These restrictions apply to all Tamarack staff and campers. We have not yet received any indication that partially or even fully vaccinated people can behave differently than what we have described.



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Can a camper or staff get a second dose at camp?

WE HOPE SO. We are working with our local public health officer and nearby pharmacies in the hopes of making this happen.

I am fully vaccinated, do I really need a test?

At this stage, Public Health has yet to update their guidance on whether fully vaccinated people should be tested. This is due to the fact that so little of our population is currently fully vaccinated. As fully vaccinated numbers continue to rise, the hope is that the guidance here in Canada will be updated to reflect what the CDC is saying (which is not to test fully vaccinated people unless they are symptomatic of Covid-19). For now, however, everyone must be tested.

COMMUNICATION

Communication will continue as usual. Camp will post pictures, Instagram stories, weeks in review, email notes and we will aim to have a member of the Leadership team post camp insights and updates regularly on Instagram. Sometimes, we will stream live and capture some amazing moments in camping that you can share as well.

About your child:

Each Unit Head has their own email address, and you can reach out at any time by email or the camp phone line. Urgent and immediate matters will be handled immediately or the same day. Otherwise you can expect a response within 24 hours.

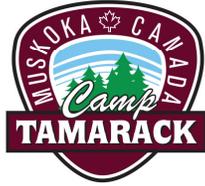
All new campers will get a phone call home from their child's Unit Head or the Camp Head Counsellor within approximately 72 hours from arrival at camp.

There will unfortunately be no Visitors' Day this year. Instead, we will coordinate something exciting for both campers and families – stay tuned.

STAFF OASIS

Due to the protocols that are in place this summer, staff will be required to stay on site for any time off. To help with this, we have created a 'Staff Oasis' on site at camp. There will be an outdoor and indoor space for the staff. All safety protocols will be in place. Get ready for:

- Muskoka Chairs
- Big screen TV
- Beach Games
- Internet access



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- Swim Area
- Fire Pit
- Music
- And more

With days off in camp , are you still able to commit to zero tolerance for controlled substances in camp (drugs and alcohol)?

Yes. There is zero tolerance for illicit use of drugs or consumption of alcohol onsite, and for inebriation on camp property.

STAFF TRANSPORTATION

No staff should have a need to have a car on-site this summer. All staff will be dropped off at camp after following the same protocol as campers. For those driving, carpooling is not allowed (unless everyone in the carpool is in the same cohort). The driver will not be permitted to exit the vehicle. All staff will be screened upon entry into camp.

INTERNATIONAL STAFF

Please note that our significantly fewer than normal number of international staff will be following all federal entry requirements into Canada. They will then quarantine at a safe location and be ready to be at camp when their precamp begins. It is worth noting that many of the international staff that may be coming this summer have been vaccinated.

WATER, SNACKS, TUCK AND MORE!

Campers and staff will be required to have water bottles this summer. Water fountains will be open, but the drinking spout will not be on or available and only the bottle filling spout will operate for filling bottles. Please remember that water in the sinks is the same as in the drinking fountains!

Camper snacks will of course be available each day and will be handled in a safe manner. Camper snacks will either be sent directly to each cohort, or will be picked up by each cohort at designated times during the day.

SUMMER 2021 COVID FINANCIAL POLICIES

Introduction:

While we are optimistic and moving forward positively with the re-opening of camp, it is clear that some uncertainty and risk remains. While the number of cases, hospitalizations and vaccinations are overall trending better, COVID will unfortunately not be eliminated and camps will understandably be highly regulated. Such regulations bring with them significant new and additional expenses not factored into



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our normal fee structure. While there are some savings (i.e. not bussing on the way to camp), additional costs associated with the protocols (i.e. PPE's, PCR testing via Lifelabs, Antigen Rapid Tests, medical and other staff, facility enhancements, additional cleaning and sanitizing, etc.) dramatically outweigh any savings. While Tamarack is certainly absorbing many expenses, we need our families to help offset some of the additional cost and risks, both if we are able to operate uninterrupted and/or if camp is forced to close prior to, or during, the camp season. Please find below a summary of the necessary related policies:

Additional "COVID Fee":

As previously conveyed, there will be a one-time additional fee per camper (based on registered session) to help offset and defray the range of substantial additional costs noted above. Such fee (plus HST) will be charged to your credit card on file (or by way of your providing a cheque or credit card information) prior to the start of your camper's scheduled session (and updated in the event you camper extends their stay), based on the following scale:

Session	Per Camper COVID Fee (plus HST)
Acorn 1/Acorn 3	\$195.00
First Month/Second Month	\$295.00
Extended First/Full Season	\$395.00

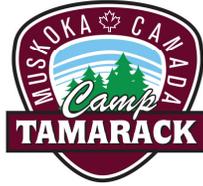
Please note that the COVID fee will be non-refundable in whole or in part.

Cancellation By Family:

While we have had, and anticipate, few cancellations by families before (or during) the camp season, the policy as set out in our "Refunds & Cancellations" section of our website applies in the case of any cancellation or withdrawal of a camper by a family.

Cancellation By Government Order or Tamarack Before Camp Season:

In the unlikely event that camp is cancelled by government order or Tamarack prior to the first day of our camp season, families will be entitled to a full refund (or credit) of fees paid for Summer 2021 for each family camper, less an administrative fee of 10% of the total fees payable for Summer 2021 for each family camper. Such administrative fee would be applicable to help defray the significant costs associated with preparing the then cancelled camp for Summer 2021.



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Cancellation By Government Order or Tamarack During Camp Season:

In the unlikely event that camp is cancelled by government order or Tamarack during the camp season, families will be entitled to a full refund (or credit) of fees paid for Summer 2021 for each family camper, less the aggregate of: (a) a pro rated portion of the fees paid for each family camper, based on the number of camp days that have taken place, divided by the total number of days for which the camper in question is registered; and (b) an administrative fee of 15% of the total fees payable for Summer 2021 for each family camper. Such administrative fee would be applicable to help defray the significant costs associated with preparing, opening and operating the then cancelled camp in Summer 2021 (even if the family camper's session is almost complete at the time of the cancellation of camp, under no circumstance would a family ever owe more than the total fee paid for the family camper in question).

Dates of Camp:

We are excitedly getting ready for camp to begin as scheduled on Friday July 2, 2021. If there is any delay, due to the Ontario government's re-opening plan or otherwise, Tamarack will adjust session dates accordingly, taking into consideration the operational needs of Tamarack and the overall best interests of the Tamarack community. We trust and hope that there will be little or no logistical or financial implications if any date adjustments become necessary.

Missed Days:

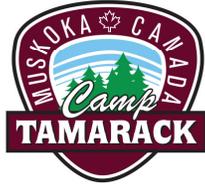
While we are of course empathetic towards any camper that has to miss days of camp due to COVID or any other reason, our policy is that there will be no refunds or credit for missed days. Consideration, upon request, may be given for some type of refund or credit for special cases, particularly those involving absences of 10 or more days. If a camper needs to leave camp for a period of time (for example, to quarantine), we will work with the family to hopefully be able to welcome such camper back to camp. If a camper does not return, the regular cancellation policy would apply.

Payment Dates:

As conveyed recently, outstanding payments for Summer 2021 previously deferred until June 1, 2021 and June 15, 2021 either have been, or will be, processed on or about such dates. Any new camper registrations will be required to make payment in full upon registration.

Refund/Credit Request – September 2021:

As our focus is fully on preparing for, opening and operating Tamarack Summer 2021, any refund/credit request or entitlement will be processed/considered, as specified on our website, in September 2021 following the camp season.



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CONCLUSION

We have tried to cover the various policies, protocols and procedures that we plan to have in place to lower and, hopefully eliminate, the risk of COVID entering into/spreading at camp this summer. Since the situation remains fluid, however, the above information is by necessity subject to change and certain information (as indicated) will be clarified/provided closer to the time that camp is starting. Please forward any questions to info@camptamarack.info. Let us all hope and work to keep camp as safe and amazing as possible for the Summer 2021 that Tamarack campers, staff and families need so much.