



Packing List

Clothing

- 7 pairs of shorts
- 12 t-shirts
- 2 blank white t-shirts for silk screening & tie dye
- 6 long pants (jeans or sweatpants)
- 1 heavy jacket or sweater
- 3 sun hats
- 4 light sweaters/sweat shirts
- 12 pairs of socks
- 12 pairs of underwear
- 1 pair of slippers
- 1 pair of sandals
- 3 sets of pyjamas
- 4 bathing suits
- 2 pairs of running shoes
- 1 pair of rubber boots
- 1 raincoat & hat
- 1 bathrobe
- 1 set of "nicer clothes" for special events

Miscellaneous

- 1 refillable water container (get a new cool Tamarack one!)
- 1 flashlight (with extra batteries) (get a new cool Tamarack one!)
- 1 letter writing materials (and lots of stamps) self-addressed envelopes are great!!
- extra pair of glasses & contacts

Toiletry Articles

- 7 towels
- 2 face cloths
- 2 laundry bags
- 1 brush & comb
- 2 bars of soap (with container)
- 1 hair shampoo
- 1 insect repellent
- 1 pair of nail clippers
- 1 toiletry bag or pail
- 2 bottles of waterproof sunscreen
- 1 toothbrush & toothpaste
- 1-2 pkgs. female sanitary products (as applicable)

Bedding

- 1 pillow
- 2 warm blankets
- 2 pillow cases
- 4 sheets (2 flat, 2 fitted single bed)
- 1 sleeping bag (for out trips and overnights)

Optional Items:

- roller blade skates
- safety equipment (helmet & pads)
- baseball glove
- fishing rod
- ballet slippers
- tap/jazz dance shoes
- costumes
- musical instruments
- hockey stick